

# PATIENT POSITIONING

NOTE The Labor and Delivery Drape should be placed over the bottom sheet before the patient gets into the bed.

To allow the patient to participate, show her how to operate the controls.

## POSITIONING FOR LABOR

### Upright Position/Voiding Position

- Raise the head of the bed to a comfortable position by pressing the Head Up Control.
- Lower the Foot Section by pressing the Foot Down Control.
- Place the patient in an upright position.
- Place the bed pan backward into the V-Cut on the Foot Section.
- Position the patient out and over the V-Cut having her hold her knees for support.
- If the patient's legs are unstable, position her feet with the soles together to prevent sliding.



### Left Lateral Position (Sims)

- With the bed in the lowest position and the head of the bed adjusted for the patient's comfort, position the attached Calf Support with the foot end pointed toward the head of the bed.
- With the patient lying on her left side, place her right leg in the Support and lower the Foot Section for comfort.
- Adjust the Support and tighten the joint.



### Kneeling With Labor Bar

- Insert the Labor Bar into the Leg Support Sockets, angling toward the head of the bed.
- Lower the Foot Section by pressing the Foot Down Control.
- Have the patient kneel on the Foot Section using the Labor Bar for support (shorter patients may use an extra pillow under their knees).



### Legs Elevated With Foot Mattress

This position is useful for various clinical reasons during antepartum care, postpartum care and anesthesia administration when a patient's legs require elevation. It may also be used for patient comfort.

- Raise the Foot Section to its highest position.
- Turn back the hinged Foot Section mattress.
- Place the patient's legs on the elevated mattress section.



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## POSITIONING FOR LABOR

### Squatting With The Labor Bar

- With the bed in the lowest position, raise the head by pressing the Head Up Control and lower the Foot Section by pressing the Foot Down Control.
- Insert the Labor Bar into the Leg Support Sockets, angling away from the head of the bed.
- The patient may squat on the Seat Section, holding the Labor Bar, or sit with her feet on the Foot Section leaning forward onto the bar.



### Pushing With The Labor Bar

- Raise the head of the bed to a comfortable position by pressing the Head Up Control.
- Insert the Labor Bar into the Support Sockets, angling away from the head of the bed.
- Lower the Foot Section, if needed, by pressing the Foot Down Control.
- Place the patient's feet on either side of the Labor Bar.
- The patient may grip the Labor Grips or pull back on her knees.



### Pushing With The Labor Bar (With Foot Supports)

- Raise the head of the bed to a comfortable position by pressing the Head Up Control.
- Remove the Foot Section.
- Place the patient's feet on the Foot Supports and adjust for comfort.
- Insert the Labor Bar into the Support Sockets, angling away from the head of the bed.
- The patient may grasp the Labor Bar where it's comfortable for her.



### Standing With The Labor Bar

- Remove the Foot Section and Fluid Basin and rotate the Foot Supports away from the center of the bed.
- Insert the Labor Bar into the sockets angling toward the head of the bed.
- Adjust the Labor Bar height by pressing either the Foot Up or Foot Down Control. To obtain additional height, press the Bed Up Control.
- The patient may stand and lean forward onto the bar.
- Place a stool or chair near the foot of the bed for the patient to sit on between contractions.



# PATIENT POSITIONING

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## POSITIONING FOR LABOR

### Amniotomy

- Raise the head of the bed to a comfortable position by pressing the Head Up Control.
- Lower the Foot Section by pressing the Foot Down Control.
- Place the bed pan backward into the V-Cut on the Foot Section.
- Position the patient's perineum out and over the bed pan before performing the amniotomy.



### Kneeling

- With the bed in its lowest position, lower the Foot Section completely by pressing the Foot Down Control.
- Raise the Head Section to a comfortable height by pressing the Head Up Control.
- Position the patient so she is kneeling on the Foot Section, leaning forward and resting her arms on the Head or Seat Section.



### Pushing With Labor Grips

- Adjust the head of the bed to approximately 30°, by pressing the Head Up Control.
- Raise the Labor Grips.
- Place the patient's feet on the Labor Grips.
- The patient may pull back on her knees without the need for the staff to assist her.
- Lower the Foot Section if desired.



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## POSITIONING FOR ANESTHESIA

### Pudendal

- Lower the Foot Section by pressing the Foot Down Control, to produce exposure and position the patient over the cut-out.
- Raise the backrest by pressing the Head Up Control for the patient's comfort.



### Epidural/Spinal (Lateral Approach)

- Lower and tuck away one Siderail.
- Position the bed to a comfortable height and lower the head of the bed.
- Place the patient in a lateral recumbent position at the mattress edge.



### Epidural (Sitting Approach)

- Raise or lower the bed to a comfortable height for the staff and flatten the bed.
- Have the patient dangle her legs over the opposite side of the bed or in the V-cut out.



### Straight Line Trendelenburg

- Pull the CPR Handle to lower the head of the bed to a full flat position.
- Push down on the Trendelenburg Handles (located on either side of the bed) and guide the bed to the desired degree of Trendelenburg, up to 8°.
- To level the sleep surface, pull up on the handle and guide the bed to a flat position.

### General Anesthesia

- In an emergency, position the bed to a comfortable height.
- Remove the Headboard.
- Position the patient for intubation.

### Transport

- Position the bed at the highest level possible.
- Engage Steer to make the right head caster track in a straight line for ease of steering.
- Disengage to push the bed sideways.

NOTE Sharp turns and lateral movements are most easily accomplished in NEUTRAL position. Always transport with Siderails raised.



# PATIENT POSITIONING

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## POSITIONING FOR DELIVERY

### Birth Chair Mode

- Raise the head of the bed to place the patient in a sitting position.
- Position the patient's feet in the Foot Supports.
- Remove the Foot Section and tuck the drape into the drainage pan.
- Use the Foot Control to raise or lower the Foot Supports.
- Tuck the end of the drape into the drainage pan and raise the bed to a comfortable height, by pressing the Bed Up Control.



### Birthing Bed Mode

- Position the patient's feet in the Foot Supports. Raise the supports to a comfortable position.
- Remove the Foot Section and tuck the drape into the drainage pan.
- Tilt up the Foot Supports for the patient to push against.
- Raise the bed to a comfortable height by pressing the Bed Up Control, and position the patient's perineum out and over the edge of the Seat Section.



### Delivery Table Mode

- Slide the patient down so that her buttocks are at the division in the mattress.
- Lower the Foot Section to its lowest position.

#### **With Calf Supports**

- Position the attached Calf Supports and place the patient's legs in the Supports.
- Adjust the angle of the Supports and tighten the ball joints.

#### **With Full Leg Supports**

- Slide the patient down so that her buttocks are at the division in the mattress.
- Lower the Foot Section to its lowest position.
- Insert the Leg Support rods into their sockets at the bottom of the space between the mattresses and place the patient's legs in the Leg Supports.
- Adjust the angle of the Leg Supports and tighten the black winged knob.
- Push the Foot Up Control to raise the Leg Supports so that they securely support the patient's perineum OVER the cut-out space.
- Remove the Foot Section and raise the bed to a comfortable working height. The drainage pan can also be removed for extra exposure.

NOTE Check pressure points.

- Press the Foot Up Control to raise the supports so that they securely support the patient's perineum OVER the edge of the Seat Section.
- Remove the Foot Section and raise the bed to a comfortable working height. The drainage pan can also be removed.



# PATIENT POSITIONING

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## POSITIONING FOR DELIVERY

### Lateral Position (Sims)

- With the bed in the lowest position and the head of the bed adjusted for the patient's comfort, position the attached Calf Support with the foot end pointed toward the head of the bed.
- With the patient lying on her left side, place her right leg in the Support. Lower the Foot Section for comfort.
- Adjust the Support and tighten the ball joint.

NOTE Follow the same procedure to position the patient on right side.

- The clinician may sit on the lowered Foot Section for delivery.



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### Upright Position

- Raise the head of the bed to a full or partial upright position by pressing the Head Up Control.
- Lower the Foot Section completely by pressing the Foot Down Control.
- Position the patient's perineum out and over the edge of the Seat Section.

NOTE The patient may grasp the Labor Grips.

- The clinician may sit on the lowered Foot Section for delivery.



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### High Modified Trendelenburg (Delivery And Repair)

- Raise the bed to the desired height using the Hi-Lo Control.
- Raise the Head Section to the desired position by using the Head Up Control.
- Position the patient's legs in Calf Supports.
- Push down on the Trendelenburg Handle to place the patient in modified Trendelenburg and to raise the perineum.

